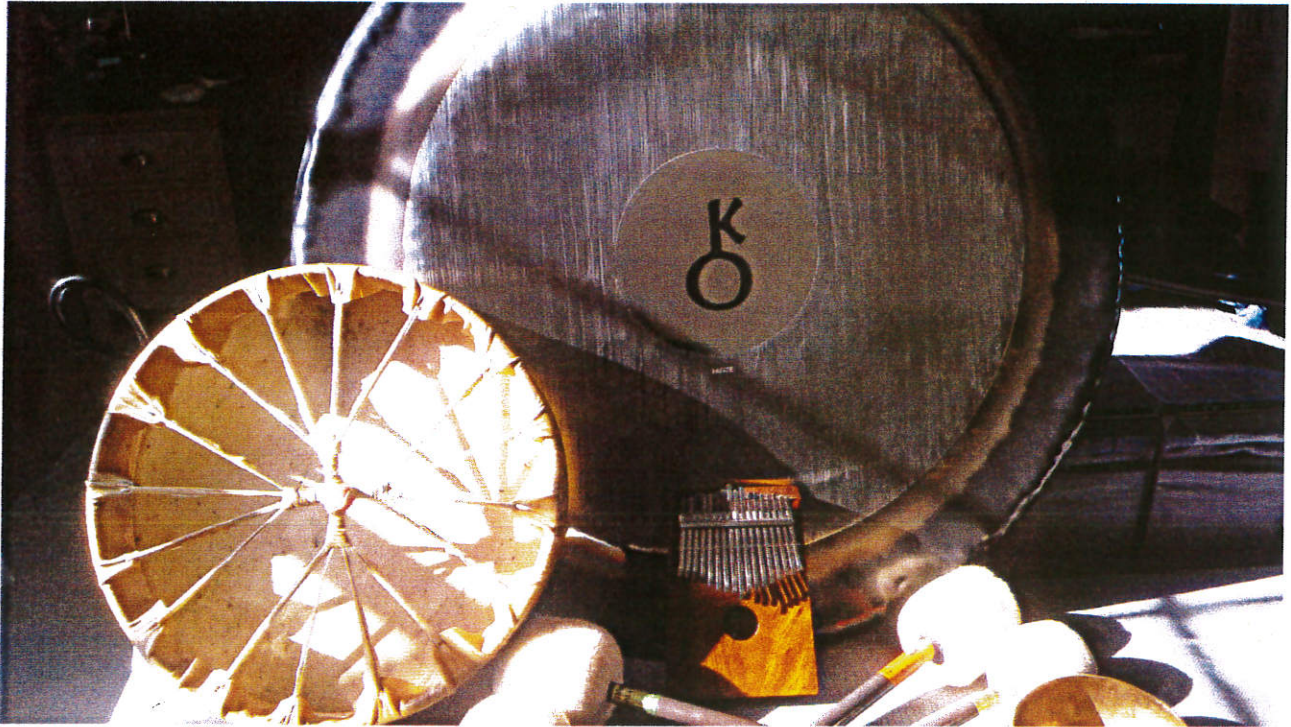


CHUDLEIGH GONG BATH & SOUND MEDITATION



Come and share in a journey with the relaxing, timeless and sacred sounds of the Gongs. Their healing tones and vibrations are deeply relaxing and can help to relieve symptoms of stress & tension. So join me and be immersed in this soulful & calming experience.....

AT

CHUDLEIGH TOWN HALL - WOODWAY ROOM

MARKET SQUARE

Car park just next to the town hall

LAST SATURDAY EVERY MONTH AT 3.00PM

Doors open at 2.45 to allow us time to settle

#10.00

Please bring something to lie on, a pillow/cushion for your head and a blanket to keep you warm. All you need to do is lie down (fully clothed) and let the gongs do their work.

For more information contact Paula on 07956 028631

or paula-bs" hotmail.co.uk